



**HOME FROM  
HOSPITAL**  
SUPPORTED BY  
Alliance Homes

**Home from  
Hospital**

# Home from Hospital

Going into hospital for planned surgery can feel daunting. Or maybe you're already in hospital and hoping to return home.

If you live in North Somerset, the Home from Hospital service can help you return home when you're medically fit for discharge.

The service aims to support customers to:

- Reduce any delays to your hospital discharge
- Help avoid unnecessary readmission to hospital
- Support you to live independently.

**The service is free to use if you're over 18 and live in North Somerset.** We support anyone returning to North Somerset from local hospitals and work in close partnership with other organisations to deliver our support.





## What we offer:

### Leaving hospital

When you're admitted to hospital, whether for a planned procedure or as an emergency, the hospital teams working with you will start to think about how and when you can return home.

We can work with the teams to help get you home in a safe and timely way.

### Getting your home ready

Your home may need minor modifications to enable you to live there independently. We can help with adaptations such as getting handrails installed, putting key safes in place as well as making sure your home is safe and secure to return to.

### Shopping and essentials

When you're in hospital, we can pick up essential items from your home such as glasses and post or anything else you need. We can also make sure that you have food and other essential supplies ready for your return.

### Access to other services

We can organise access to other services such as meals on wheel, social services, housing options, and other community support.

### Keeping connected

We can help you find opportunities to overcome loneliness and isolation, such as friendship and support groups that offer a variety of hobbies and activities, or just someone to chat with.

### Managing your finances

We can support you to claim relevant benefits to maximise your income and apply for grants to adapt your home.

### Support for carers

We can support you as an unpaid carer with hospital processes, ensure that you're kept up to date and involved in your loved ones' care and support you with liaising with other services.

### Moving home

If your health needs change, it may be that you need to consider moving home. We can help you explore your housing options and help you to move should you need to. We can help you getting settled by setting up utility accounts as well as securing furniture and other items.



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