

## Dementia Support in North Somerset

<b>Care Connect</b>	01275 888 801	Care Connect can provide a statutory care needs assessment and financial assessment for the person with dementia and/or an assessment around equipment and adaptations that may enable independence at home (Occupational Therapy).
<b>AGE UK Somerset</b>	<a href="mailto:infoandadvice@ageuksomerset.org.uk">infoandadvice@ageuksomerset.org.uk</a> Call Age UK Somerset 01823 345610	Online Dementia Carers' Support Group.
<b>Age UK</b>	Call our advice line on 0800 678 1602 or speak to your local Age UK to organise an appointment. Website: <a href="http://www.ageuk.org.uk">www.ageuk.org.uk</a>	One-to-one support. <b>If you are living with dementia:</b> Age UK can arrange visits to your home to help you to maintain your social contacts and pursue your hobbies and interests. In some areas, trained befrienders can provide regular friendly companionship for people with dementia. <b>If you are a relative or carer of someone with dementia:</b> Our dementia advisors can support friends and family of those with dementia with information and advice.
<b>Alzheimer's Society</b>	Please contact Alison Heath 0300 12345 89	<b>Support for people living with Dementia and their carers.</b> You can find out about all aspects of Dementia on the national website, including information on different types of dementia; managing behaviours; emotional changes and reducing the risk of Dementia. They provide literature on a vast range of subjects, as well as 24-hour online Support
<b>Alive Meeting Centres</b>	Please email <a href="mailto:info@aliveactivities.org">info@aliveactivities.org</a> or call us 0117 377 4756 if you would like to find out more	The Alive Meeting Centres offer daily support for people with a recent diagnosis of a dementia, and people living with a mild to moderate dementia and their carers together. Practical help - managing symptoms, financial advice, and information on living independently and safely at home Social support – the chance to build new relationships, be part of a community, re-discover important memories and skills, and develop Connections Emotional support – we support improving people's confidence, encouraging a positive self-image and building resilience, with a particular focus on peer support for Carers through our Time out for Carers programme.

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<b>Butterfly House Dementia Day Centre – Weston-super-Mare</b>	01934 412091 <a href="#">Butterfly House Care Home</a>	£120 per day Includes lunch Includes personal care- Bath or shower if needed 7 days per week Spaces available
<b>Weston Super Care - Milton</b>	Nikki Dight 07879018384, email <a href="mailto:nikkidight@gmail.com">nikkidight@gmail.com</a>	£30 for 3.5 hours day centre for the elderly including people with Dementia, in Milton. Currently she only offers half day sessions on a Tuesday but would consider offering more if the need was there. Spaces available
<b>Gough House – Weston-super-Mare</b>	01934 622019 <a href="#">Day, Respite &amp; Holiday Care - AbbeyCare Residential Homes (abbeycarehomes.org.uk)</a>	£70 (cheaper if attend more than 1 day per week) including lunch and refreshments Open Monday – Friday 10am – 4pm Spaces available
<b>Ambleside – Weston- super-Mare</b>	<a href="#">Best Day Care Centre North Somerset   Individual Care Plans (amblesidenursinghome.co.uk)</a> 01934 642172	Nursing Home with Day Care facilities
<b>The Filo Project</b>	0333 939 8225 <a href="mailto:info@thefiloproject.co.uk">info@thefiloproject.co.uk</a> <a href="http://www.thefiloproject.co.uk">www.thefiloproject.co.uk</a>	Small group care days for people with early to moderate dementia and other challenges of older age; stroke, Parkinson's and sensory loss.